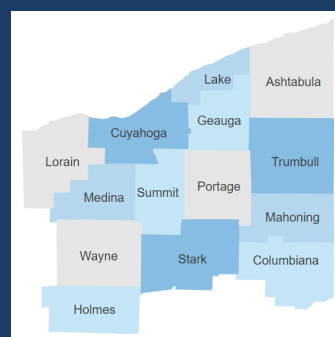


Ohio PREP

Personal Responsibility Education Program

District 2 Newsletter

Volume 2 Issue 3



Reimagining Our Blueprints for Connection: A Resilience Based Approach with Young People

The Center for Family Safety and Healing
Trainers: Margaretta Carrington and Chelsey Getz

Neurobiological Impact of ACES

- Understand the link between Adverse Childhood Experiences (ACEs), adolescent development and behavioral and health outcomes
- Explore how neurobiology, including trauma, impacts relationships by decreasing and increasing connection building

Building Resiliency

- Define felt safety and unfelt safety, including an emphasis on emotional safety
- Guided discussion activity- explore evidenced-informed resilience factors
- Learn how to compassionately respond to youth and young people with resilience-based strategies, including how to repair relationships.

Resources

- Identify culturally appropriate local, state and national resources for trauma responsive care and mindfulness practice

Please RSVP by 8/13/21 to Maurice Cole at mcole@ccbh.net. Meeting ID and password will be sent with confirmation of registration.

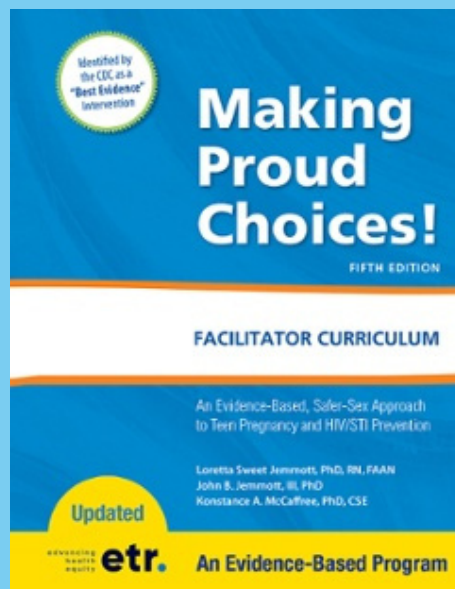
MAKING PROUD CHOICES! PROVIDER TRAINING

Ohio PREP uses a train the trainer model to prepare direct care staff to implement MPC with youth in their care. The goal of the training is to provide direct care staff with the skills needed to present information clearly, respond to participant questions, and lead activities that reinforce learning.

District 2 is happy to announce in-person socially distanced provider trainings will resume in August 2021. Trainings will be scheduled on a first come first serve basis to those agencies that do not have any current staff trained.

If you are interest below please contact Maurice Cole at mcole@ccbh.net to schedule your agency's training*.

*Trainings may combine multiple agencies to accommodate scheduling and location logistics.



Youth Programming

Schedule an in-person or virtual session today!

Making Proud Choices!

An Evidence-Based, Safer-Sex approach to Teen Pregnancy & HIV/STD Prevention is an 8-module* curriculum that provides adolescents with the knowledge, confidence & skills necessary to reduce their risk of STDs, HIV & pregnancy by abstaining from sex or using condoms if they choose to have sex.

*8 sex ed modules & 5 adulthood modules

In-person Reducing the Risk is available to agencies with trained staff.

For more information or to schedule a session, contact:

District 2 North:
Rebecca Coiner

Rebecca.coiner@ohioguidestone.org
216.219.5871

District 2 South:
Molly Malloy

mmalloy@cantonhealth.org
330.489.3322

For more information, contact:

Erin Lark

Ohio PREP District 2 Coordinator
Cuyahoga County Board of Health
(216) 201-2001, Ext. 1326
elark@ccbh.net